## ESC छSIZE <br> Ex REFERENCE CHART

Using a flexible measuring tape, measure around the widest part of your hand below the knuckles while holding your hand flat and open. Measuring tape should be snug around hand, but do not pull tight.

Don't have a flexible measuring tape? Print this page at full scale and cut out the measuring strip below! *DOUBLE CHECK ACCURACY WITH STANDARD RULER*

Once you have determined your measurement, refer to the guide below to select your size.

If your hand measures in between sizes, select the next largest size.


